


# Women and Food

## Local hunger solutions



### Guatemala Nutritious food processing

To help fight chronic undernutrition in Guatemala, where nearly half the children under five are short for their age, WFP worked with local experts to develop *VitaCereal*. A fortified blend of maize, soy, and micronutrients, *VitaCereal* is designed to increase birth weight in babies and provide a foundation for a healthy life. It is given to pregnant mothers and children from six months until three years of age. Because it is produced locally, *Vitacereal* also provides a market for local farmers and food producers, as well as employment.



**Isabel Lopez Morales**, 37, is a subsistence farmer in San Pedro Jocopilas, in the chronically drought stricken Dry Corridor. Malnutrition rates top 60 percent in the area. To make ends meet, her husband leaves the family to do seasonal harvest work on the coast.

Isabel began receiving WFP's *VitaCereal* fortified maize soy meal in 2006 when she was pregnant with the 5th of her seven children. She can see the positive effects of that on her youngest, compared to their older siblings who were less fortunate.



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*Fighting Hunger Worldwide*