



Women and Food


Surviving conflict



Kyrgyzstan When conflict creates hunger

Hunger can arrive suddenly when violence and armed conflict erupts. Conflict drives small farmers from their lands and tears families apart, often forcing people to move. In these situations, where women are also vulnerable to rape, violence and mutilation, emergency food aid is critical to their survival.

WFP makes special efforts to put this food into the hands of women. It also helps them rebuild their lives with training and assets programmes.



These mothers live in one of the Uzbek neighbourhoods that suffered the ethnic violence that erupted in Southern Kyrgyzstan in June 2010, and led to the displacement of more than 75,000 people, mainly Uzbeks.

The women barricaded themselves and their children into their homes and neighbourhoods with cement blocks and trees. Soon they ran out of food and faced real hunger.

WFP started food distribution in this area as soon as it was cleared. The women work as traders in local markets and WFP will support them as they get back on their feet.



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Fighting Hunger Worldwide